

Walnut Trivia for Kids

1. How many inshell walnuts laid end-to-end would it take to go around the equator once?

*HINTS: The average inshell walnut is 1.5 inches across.
 The equator is 24,901 miles long.
 One mile is 63,360 inches long.*

2. How are walnuts harvested or removed from trees?
3. How many walnuts should you eat every day to promote good health?
4. Which country exports the most walnuts?



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ANSWERS

1. It would take over 1 billion inshell walnuts laid end-to-end to go around the equator one time. The exact number is 1,051,818,240 walnuts.
2. The nuts are removed from the trees by a mechanical shaker. After they have been shaken to the ground, walnuts are blown into a row to allow mechanical harvesters to pick them up for cleaning and hulling. (The "hull" is the outer green covering that protects the shell. The walnut meat is protected by the shell.)
3. Nutrition experts recommend eating a handful of walnuts every day to promote good health. Eating walnuts helps protect your heart and may help your brain, too.
4. The United States dominates world trade in walnuts. Over 70 percent of walnuts traded in the global marketplace are produced in the United States, in California. While many countries produce walnuts, most of these countries sell the walnuts to consumers within their own country. Consumers outside the U.S. have grown to love the fresh, sweet taste of California walnuts; this drives demand for the product and ensures good prices for California walnut growers.