

CAL WALNUT'S WACKY WORD SEARCH

Have fun learning all about walnuts while completing this word search puzzle. Search across, down, backward, forward, and diagonally for the 21 words hidden below. HINT: The hidden words appear in bold print in the sentences below.

X	O	Y	H	T	L	A	E	H	R	G	B	I	S	M	U	F	W	R	Q
I	C	B	Y	M	P	W	F	M	W	D	C	R	T	M	R	E	R	L	C
R	R	Q	I	R	R	I	G	A	T	I	N	G	O	Q	G	R	T	U	A
Q	O	Z	X	C	V	B	P	O	R	C	B	V	C	X	B	T	B	F	L
A	W	T	L	Y	E	W	Q	B	F	G	H	X	K	H	U	I	H	D	I
W	P	C	A	U	O	M	E	G	A	F	H	W	T	S	O	L	H	N	F
R	S	E	Z	R	Q	R	T	Y	Y	F	R	Z	O	I	I	I	Y	A	O
T	T	R	E	E	E	T	C	V	U	Z	Q	W	N	L	U	Z	U	H	R
P	U	Y	Q	I	M	G	Y	H	U	S	K	S	R	G	A	I	I	Q	N
Q	N	I	W	K	E	J	I	L	A	E	X	Y	B	N	V	N	K	S	I
N	L	M	U	H	C	L	B	R	I	R	T	U	J	E	B	G	D	R	A
V	A	Q	R	F	W	E	G	X	F	F	D	P	K	R	R	E	E	J	W
Y	W	D	M	R	U	P	G	Q	O	E	U	S	L	T	E	R	L	K	A
C	Q	R	M	V	U	Y	X	R	P	B	R	M	W	B	N	V	L	A	L
Z	P	R	U	N	I	N	G	B	H	G	T	E	A	I	Q	B	E	W	N
X	T	Y	E	Q	O	T	W	O	J	P	E	R	S	I	A	T	H	T	U
U	Y	I	N	S	H	E	L	L	Q	P	Q	W	E	I	X	X	S	Y	T
L	K	P	F	R	A	N	C	I	S	C	A	N	B	M	T	W	N	R	S
L	W	S	Q	Z	B	R	E	M	G	N	I	Y	A	R	P	S	R	B	B
S	H	A	K	E	R	S	Y	M	V	N	U	T	S	S	Z	H	E	Q	W

Did you know that...?

1. **Walnuts** have been growing on Earth since 7000 B.C.
2. Walnuts first grew in **Persia**, an area of the Middle East now occupied by Iran.
3. **California** grows over 99% of the total U.S. commercial walnut **crop**.
4. Walnuts were brought to California by **Franciscan** monks from Spain or Mexico.
5. You can find walnuts in your local supermarket in two forms: **shelled** and **inshell**.
6. After a walnut **tree** is planted, it takes 6-8 years to produce walnuts.
7. A **healthy** walnut tree can produce walnuts for over 100 years!
8. Most of the walnuts grown in California are **English** walnuts.
9. Walnuts are shaken from trees using mechanical **shakers**.
10. A healthy walnut orchard requires constant attention to detail, including **pruning, spraying, fertilizing,** and **irrigating** the trees.
11. Growers know walnuts are ready to be harvested when their outer green **husks** start to split.
12. Walnuts should be stored in your **refrigerator**, away from foods with strong odors.
13. Walnuts were first planted in Southern California in the late 1800s; today most walnut **orchards** are located in Northern California.
14. Walnuts are rich in **omega-3** fatty acids, a type of fat that can help keep your heart healthy.
15. Eating a **handful** of walnuts every day promotes good health!

