

SPRING

SUMMER

WALNUTS: TRULY PERFECT FOR ANY SEASON

Any time of year is a great time to include walnuts in your meals. In fact, walnuts' unique flavor profile makes them well suited for almost any application. Keep walnuts on hand throughout the year and buy in-season produce for great taste and exceptional value!

Each recipe listed here, and more, can be found at www.walnuts.org.

WINTER

FALL



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